



# Wellbeing Attendant Policy

For questions about the policy, contact:

## Laura Alexander

*Senior Associate AD for Student Athlete Wellbeing  
and Leadership Development/SWA*

[laura.alexander@sjsu.edu](mailto:laura.alexander@sjsu.edu)

408-924-1256

## Stephen Bartlinski

*Assistant Director of Athletics  
for Sports Medicine*

[stephen.bartlinski@sjsu.edu](mailto:stephen.bartlinski@sjsu.edu)

408-924-6692

For more information and  
resources:

**Email:** [crtitleix@sjsu.edu](mailto:crtitleix@sjsu.edu)

**Call:** 408-924-7290

**Call/Text:** 669-877-0620



[sjsu.edu/crtitleix](https://sjsu.edu/crtitleix)

## SJSU Wellbeing Attendant Policy at a glance

- You can request a [Wellbeing Attendant](#) at *any time* for *any* medical examination, therapy or procedure.
- Any [Sports Medicine Encounter](#) that involves a [Sensitive Area](#) must be explained and discussed in full with you *prior* to the start of the [Sports Medicine Encounter](#). You will be asked to provide [Informed Consent](#) or decline the treatment.
- A [Wellbeing Attendant](#) can be requested for any treatment provided by an [Affiliated Healthcare Professional](#).
- *You may stop the treatment at any time.*
- A [Wellbeing Attendant](#) must be present for any [Sports Medicine Encounter](#) involving a [Sensitive Area](#) unless explicitly declined.
- You may choose any trained Student-Athlete or Athletics employee to serve as your [Wellbeing Attendant](#).
- You may ask a different professional to provide your treatment, *at any time* and for *any reason*.
- If receiving treatment in a hotel room, a [Wellbeing Attendant](#) must be present.

### Key Definitions:

A [Wellbeing Attendant](#) is a person who serves as an objective observer for a student-athlete and/or sports medicine staff during a [Sports Medicine Encounter](#). Depending on the circumstances, a [Wellbeing Attendant](#) may be a sports medicine staff member, coach, or student-athlete.

A [Sensitive Area](#) is defined as the areas of and regions surrounding the buttocks, pelvis, and female breasts, or *any area that you deem to be a Sensitive Area.*

[Informed Consent](#) is a clear explanation of the Sports Medicine Encounter to be administered, the expected benefits and potential risks of the [Sports Medicine Encounter](#) and a *clear verbal agreement* from the student-athlete to proceed with the [Sports Medicine Encounter](#).

A [Sports Medicine Encounter](#) is any medical examination, therapy, or procedure.